

Primary Care Research Forum

14th May 2025

**Primary care, research and the Hertfordshire and West Essex Integrated
Care System**

...whilst acknowledging change and uncertainty

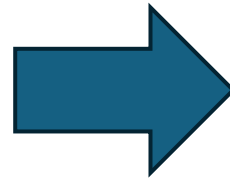
Phillip Smith, Head of Research and Innovation (job share with Fiona
Smith) Hertfordshire and West Essex Integrated Care Board (secondment)

Acknowledging the current state and uncertain and future

The [Health and Care Act 2022](#) sets out legal duties for ICBs around

- the facilitation and promotion of research in matters relevant to the health service, and
- the use in the health service of evidence obtained from research (also innovation)

[NHS England guidance](#) available.



**Model
Integrated Care
Board
Blueprint v1.0**

Learning objectives

- 1) Understanding the Role of Research in Primary Care** - Learn why conducting research in GP practices is essential for improving patient care, enhancing skills and knowledge, and contributing to evidence-based practice.
- 2) Exploring the HWE ICS Research Strategy** - Gain insights into the HWE ICS research strategy, including its goals to embed research, innovation, and evaluation to enhance services and improve health outcomes.
- 3) Navigating Research Funding, Support and Governance** - Understand the various forms of support available from the NIHR RRDN, including funding, research governance, training, and technical support, to facilitate and promote research within the health service.

Contents (this is also a reference document)

- 1) Context
- 2) Why do research
- 3) Research activity in 2024/5
- 4) HWE ICS Research Strategy
- 5) NIHR Research Delivery Network support
- 6) Help, advice and support

Reference slides

- A. H&WE ICS Population Health Management example
- B. [H&WE ICS Research Strategy](#)
- C. [Evaluation Guide](#)
- D. Workforce development – researcher training

1) Context - The Hertfordshire and West Essex Integrated Care System (ICS)

- Delivers health and social care services to > 1.6 million residents.
- Brings together a wide range of organisations, committed to a shared vision of working together to improve the health and wellbeing of all.
- **135 GP practices** organised into **35 Primary Care Networks**
- Ad Hoc payment mechanism e.g. RESET payment from DHSC (the "RESET" payment was a financial incentive to meet specific targets in research delivery)



2) Why do research in GP Practices?

- 1) **Improved Patient Care:** Research-active GP practices can offer patients access to new treatments and interventions that are not yet widely available, potentially improving patient outcomes
- 2) **Enhanced Skills and Knowledge:** Engaging in research brings a new dimension to practice, providing staff with additional skills and knowledge. This can lead to higher job satisfaction and better retention rates among healthcare professionals
- 3) **Evidence-Based Practice:** Conducting research helps generate evidence that can be used to improve clinical guidelines and practice. This ensures that patient care is based on the latest and most effective treatments
- 4) **Economic Benefits:** Research activities can bring financial benefits to GP practices through funding and grants. Additionally, successful research can lead to cost savings in the long term by identifying more efficient ways to deliver care
- 5) **National and International Impact:** By participating in research, GP practices contribute to the broader healthcare system's knowledge base, influencing national and international health policies and practices

2) Ten Impactful Studies in primary care settings in Hertfordshire and West Essex (1 of 2)

- 1) **RELIEF Study** - **Location:** Various GP practices **Benefit:** Improved asthma management by comparing inhaler effectiveness
- 2) **Together2 Study** - **Location:** General practices **Benefit:** Evaluated the benefits of video and hybrid group consultations for chronic conditions
- 3) **Prodemos Study** - **Location:** Multiple GP practices **Benefit:** Prevention of dementia using mobile phone applications
- 4) **Diabetes Screening in Schools** - **Location:** Schools in Hertfordshire **Benefit:** Early detection and management of diabetes in children
- 5) **Hypertension Management Program** - **Location:** West Essex GP practices **Benefit:** Improved blood pressure control and reduced cardiovascular risk

2) Ten Impactful Studies in in primary care settings in Hertfordshire and West Essex (2 of 2)

- 6) **Mental Health Support Initiative** - **Location:** Hertfordshire GP practices **Benefit:** Enhanced mental health support and reduced patient wait times
- 7) **COPD Self-Management Study** - **Location:** Various GP practices **Benefit:** Empowered patients with COPD to manage their condition more effectively
- 8) **Telehealth for Chronic Disease Management** - **Location:** West Essex **Benefit:** Improved access to care and patient outcomes through telehealth services
- 9) **Cancer Screening Awareness Campaign** - **Location:** Hertfordshire **Benefit:** Increased participation in cancer screening programs
- 10) **Integrated Care for Elderly Patients** - **Location:** Multiple GP practices **Benefit:** Improved coordination of care and health outcomes for elderly patients

Examples from [East of England Primary Care - Google Sites](#) and [East of England | NIHR RDN](#)

2) Top recruiting studies in Primary care in EoE

	Measuring Loneliness (INTERACT) Identifying the Prevalence of Social Isolation and Loneliness in the Community Setting Across England		Discover Me The Discover Me study aims to collect health and genetic data from consenting study participants to create a dynamic research resource.
Primary Care		Primary Care	
	SAFER The SAFER Trial: Screening for Atrial Fibrillation with ECG to Reduce stroke - a randomised controlled trial		Active Brains 'Active Brains' website to help older adults to look after their brain and body health
Stroke		Dementia	
	Long COVID Quality-of-life in patients with long COVID: harnessing the scale of big data to quantify the health and economic costs		DDH/HipDys Evaluation of aid to diagnosis for developmental dysplasia of the hip (DDH) in general practice
Respiratory		Primary Care	

3) Research activity in 2024/5 – data source

NIHR | Research Delivery Network East of England Regional RDN (RRDN) ODP Dashboard

NEW TO ODP?
Learn the app navigation in under 10 minutes

East of England RRDN Data and Analytics Team has designed this application to provide users with the latest performance, study activity and data quality queries related to research activity in the region and beyond. This application not only includes research activity and study data from the Central Portfolio Management System (CPMS), but also includes additional site-specific data from the Local Portfolio Management System (LPMS), EDGE.

Click the options below to choose from a wide selection of reports included in this application or the buttons on the left to navigate to project dashboards (NIHR login may be required).

<p>Recruitment Tracker</p> <ul style="list-style-type: none"> - Recruitment Matrix 	<p>Trust Report</p> <ul style="list-style-type: none"> - Summary - Regional & National - Specialities overview - Specialty detailed - Non-Commercial studies - Commercial studies 	<p>Specialty Report</p> <ul style="list-style-type: none"> - Summary - Regional & National - Recruitment vs Projections - Trust overview - Non-Commercial studies - Commercial studies - EoE-Led studies - Subspecialties 	<p>Data Quality</p> <ul style="list-style-type: none"> - Study & Site Status discrepancy - Inactive studies - Queried Data 	<p>Integrated Care Boards - ICBs</p> <ul style="list-style-type: none"> - ICB Overview - ICB Recruitment Matrix
<p>Horizon Scanning</p> <ul style="list-style-type: none"> - Studies Open to New Sites 			<p>Study Insights</p> <ul style="list-style-type: none"> - Single study review 	
<p>PRES Dashboards</p> <ul style="list-style-type: none"> EOE RRDN ADULT PRES Dashboard EOE RRDN CHILDREN PRES Dashboard RDN National PRES Dashboard 	<p>Trust RTT Report</p> <ul style="list-style-type: none"> - RTT Non-Commercial Trust-level - RTT Non-Commercial Site-level 	<p>Additional Reports</p> <ul style="list-style-type: none"> - Radiotherapy Report 		
<p>Vaccine Dashboards</p> <ul style="list-style-type: none"> EOE RRDN Vaccine Hubs Dashboard 	<p>RTT Commercial data - Restricted. Please request access if needed.</p>			

Data extracted from the national live NIHR research Open Data Platform (ODP) 1st April 2025

3) Research activity in 2024/5 across East of England

ICB Activity 2024/5	2024/5
Cambridgeshire and Peterborough	26,066
Mid and South Essex	13,265
Norfolk and Waveney	8,392
Bedfordshire, Luton and Milton Keynes	7,601
Hertfordshire and West Essex	7,324
Suffolk and NorthEast Essex	6,711
total	69,359

3) Research activity in 2024/5 across HWE ICS

System partner	Activity
East and North Hertfordshire NHS Trust	3,152
NIHR RDN: East of England	2,332
West Hertfordshire Teaching Hospitals NHS Trust	2,146
The Princess Alexandra Hospital NHS Trust	692
Hertfordshire Community NHS Trust	484
Hertfordshire Partnership University NHS Foundation Trust	405
Non-NHS Activity in East of England	138
Non-NHS Activity in North Thames	7
NHS Herts Valleys CCG	5
Total	9,361

3) Research in 2024/5 in GP Practices and Schools

GP Practice	Total 24/5	School	Total 24/5
Attenborough Surgery	280	Alban City School	77
Rothschild House Group	202	Bernards Heath Infant and Nursery School	34
Stanmore Medical Group	171	Aboyne Lodge Junior Mixed and Infant School	29
Cuffley and Goffs Oak Med Prac	104	Field Junior School	27
Kings Medical Centre	83	Studlands Rise First School	26
Amwell Surgery	81	St Michael's CE Voluntary Aided Prim. School, St Albans	24
Park Lane Surgery	76	Bernards Heath Junior School	21
Warden Lodge Medical Practice	76	Greenfields Primary School	18
The Limes Surgery	67	St Peter's School	14
Schopwick Surgery	64	Watford Field School (Infant & Nursery)	13
Hailey View Surgery	41	Oakwood Primary School	12
Crocus Medical Practice	38	Therfield First School	9
Harvey Group Practice	37	Saint Bernadette Voluntary Catholic Primary Academy	7
The Eden Surgeries	32	Holtsmere End Infant and Nursery School	6
The Grove Medical Centre	32	Kingsway Infants' School	3
16 more less than 30			

4) HWE ICS Research strategy

- 1) Embed the benefits of **research, innovation and evaluation** to better meet the needs of the health and social care system.
- 2) Ensure that **research, research evidence, innovation and evaluation** underpins the way we enhance, transform or devise services using a well governed approach to manage risk, ensure patient safety and public confidence.
- 3) Ensure that the voice of all our residents inform all we do, promoting inclusion, and represent good value for our taxpayers.



Hertfordshire and West Essex (HWE) Integrated Care System (ICS) 2024 Research, Innovation and Evaluation Strategy A summary 2nd Sept 2023

Introduction

This is our first research and innovation strategy. It has been developed through a series of collaborative events. We anticipate that the initial strategy will be subject to ongoing research to make sure it is responsive to the needs of our residents and workforce. In this context we view research as the process to generate new knowledge which can be translated into better outcomes for all residents.

For more information please contact us hweicbty.researchandinnovation@nhs.net

The HWE ICS exists to improve the health and wellbeing of our residents.

The HWE ICS plans and delivers health and social care services to just over 1.6 million people living in Hertfordshire and Essex. The system brings together a wide range of organisations, committed to a shared vision of working together to improve the health and wellbeing of the people who live in our area.

Our ambition is to improve our population's health by focusing on the following priorities: give every child the best start in life, support our communities and places to be healthy and sustainable, support our residents to maintain healthy lifestyles, enable our residents to age well and support people living with dementia, improve support to people and families living with life-long conditions, long term health conditions and physical disabilities, and improve our residents' mental health and outcomes for those with learning disabilities and autism.

Research and innovation help us transform our services to benefit residents

There is a vibrant research and development ecosystem, with well-developed research infrastructure and research expertise within our health and care workforce. The value of research in transforming health and care is significant; staff satisfaction, recruitment and retention is higher among staff who are involved in research and in research active organisations.

We have a legal duty to support and use research

The Health and Care Act 2022 sets new legal duties on ICBs around the facilitation and promotion of research in matters relevant to the health service, and the use in the health service of evidence obtained from research. ICBs will facilitate their partners in the health and care system to work together, combining expertise and resources to foster and deploy research and innovations.

Guiding principles

1. Embed the benefits of research, innovation and evaluation to better meet the needs of the health and social care system and enable the delivery of the HWE ICS five year forward plan.
2. Ensure that research, evidence, innovation and evaluation underpin the way we enhance, transform or devise services to manage risk, ensure patient safety and public confidence.
3. Ensure that the voice of all our residents inform all we do, promoting inclusion, and represent good value for our taxpayers.
4. Make the HWE ICS a national exemplar for the use of research, innovation and evaluation to meet the needs of our residents and workforce to improve population health outcomes.
5. Achieve financial sustainability by 31st March 2026.



4) HWE ICS Research strategy – the Research and Innovation Hub at the University of Hertfordshire

To make the best use of the university's expertise to support the delivery of the HWE ICS Research and Innovation strategy with these ultimate benefits for all:

- 1) enhanced healthcare services,
- 2) more inclusive research,
- 3) increased community involvement,
- 4) more relevant workforce development,
- 5) improved health outcomes and
- 6) economic benefit (promotes health outcomes).

University of Hertfordshire **UH**



4) HWE ICS Research strategy - actions

Our practice of change

turning ideas to

action to

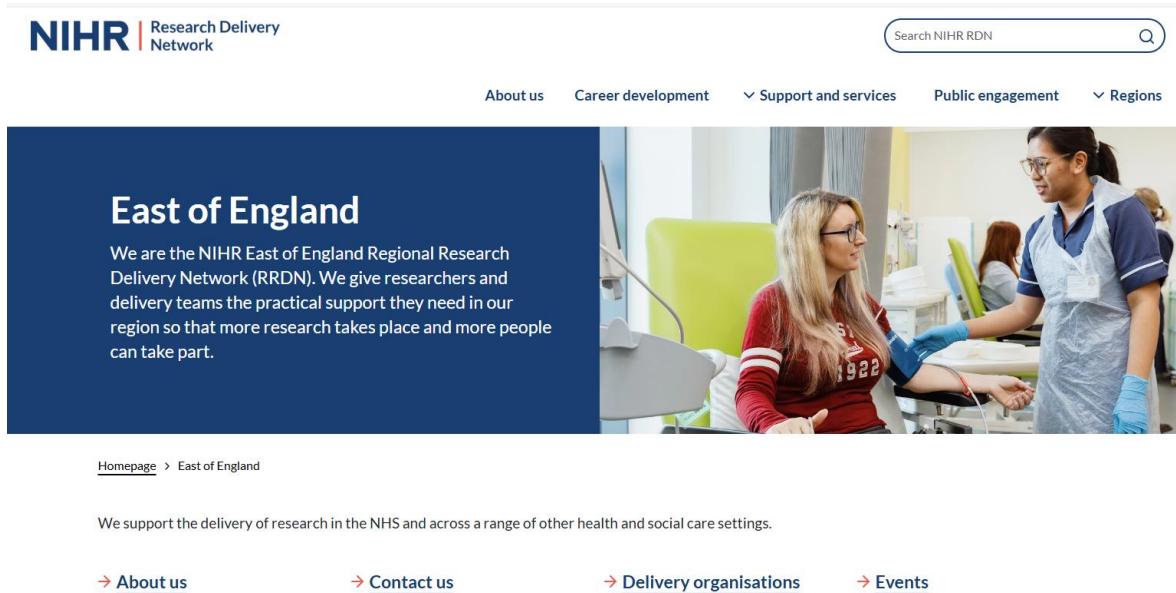
impact to

benefit

for all residents



5) NIHR Research Delivery Network (click [here](#))



The screenshot shows the NIHR Research Delivery Network website for the East of England region. The header includes the NIHR logo and the text 'Research Delivery Network'. A search bar is located in the top right corner. The main navigation menu includes 'About us', 'Career development', 'Support and services', 'Public engagement', and 'Regions'. The main content area features a blue background with the heading 'East of England' and a paragraph: 'We are the NIHR East of England Regional Research Delivery Network (RRDN). We give researchers and delivery teams the practical support they need in our region so that more research takes place and more people can take part.' Below this is a photograph of a healthcare professional in a blue uniform and gloves drawing blood from a patient. At the bottom, there are navigation links: '→ [About us](#)', '→ [Contact us](#)', '→ [Delivery organisations](#)', and '→ [Events](#)'. A breadcrumb trail shows 'Homepage > East of England' and a short paragraph states: 'We support the delivery of research in the NHS and across a range of other health and social care settings.'

Funding (various)
Research Governance
Training

Other Support:

- Access to Research Networks:
- Patient and Public Involvement (PPI)
- Technical Support

5) NIHR RRDN EoE Primary Care

Core team

Head of Research Delivery and Support for out of Hospital Settings Helen Jung, helen.jung@nihr.ac.uk

Community Pharmacy Lead Clare

Daly, clare.daly@nihr.ac.uk

Study Delivery Officer - Primary Care, Pharmacy and Oral & Dental Paloma Amigo, paloma.amigo@nihr.ac.uk

Study Delivery Officer - Primary Care, Pharmacy and Oral & Dental Nicola Ward, nicola.ward@nihr.ac.uk

Research Speciality and Settings Leads

- **General Practice** Amrit Takhar, amrit.takhar@nhs.net
- **Primary Care** Chas Thenuwara, chas.thenuwara@nhs.net

More Info [Training](#), [Resources](#), [Studies](#)

Locality team

Bedfordshire and East and North Hertfordshire

Locality Manager: Susanne Skinner

susanne.skinner@nihr.ac.uk

L-R Suzanne Skinner, Natalie Peters



5) NIHR RDN EoE Primary Care (click [here](#))

Welcome



Who are we and what do we do?

**Further
information**

[Home](#)

[Training](#)

[Resources](#)

[Studies](#)

Research in Primary Care

We are the National Institute for Health and Care Research (NIHR) East of England Regional Research Delivery Network (RRDN)* and we bring together a wide variety of primary care practitioners, including GPs, Dentists, Pharmacists and Health Visitors to offer patients in primary care settings unprecedented opportunities to become involved in high quality clinical studies. This involves innovations in prevention, diagnosis, treatment and health care delivery in the community.

We support the set up and delivery of this research in Primary Care settings.

The Primary Care Specialty has successfully recruited across a range of conditions and complex interventions.

5) NIHR Research Site Initiative([click here](#))

RSI funding is to enable GP Practices to support research. This funding is in addition to the study specific patient-related costs which a practice receives as reimbursement for service support activities.

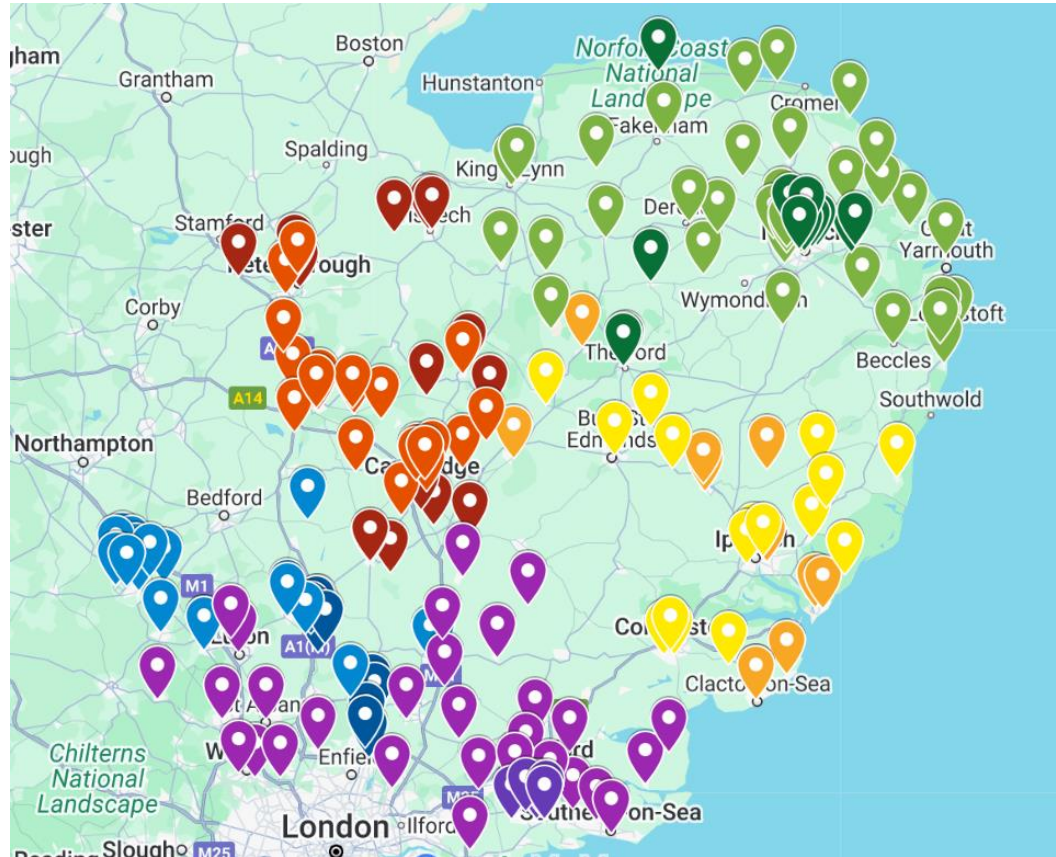
The following types of research agreements are available:

- [Single Site RSI](#)
- [New Cluster RSI](#)
- [Existing Cluster RSI](#)
- [RRDN Embedded Nurse Cluster RSI](#)
- [Primary Care Network RSI](#)



The closing date for 2025/6 applications has passed but funding may still be available.

5) NIHR Research Site Initiative sites EoE ([click here](#))



6) Help, advice and support - [RCGP](#)

1

How can we support your research

We support skills, have access to a large primary care data centre and research network and provide research grant funding.

2

How we celebrate and promote research

Find out about clinical research, including our award winners and get in touch with us to find out about how we might work together to disseminate your research for impact.

3

Research Surveillance Centre

The RCGP RSC is an internationally renowned source of information, analysis and interpretation of primary care data.

4

Key statistics and insights

The RCGP has collated the following key statistics to provide an easily accessible source of information.

Renew



6) Help, advice and support - Research Support Service



NIHR | National Institute for Health and Care Research

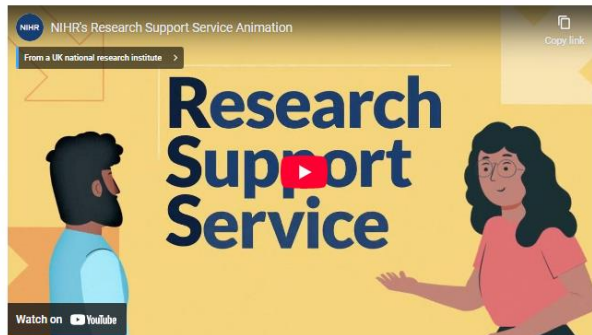
News, views and stories (

▼ About us ▼ Research funding ▼ Career development ▼ Support and services

Research Support Service

The RSS supports researchers at any stage of their career to develop competitive funding applications for health, public health and social care research.

[Homepage](#) > [Research Support Service](#)



[View Transcript](#)

The RSS supports researchers at any stage of their career to develop competitive funding applications for health, public health and social care

Research funding

- Overview of research career funding programmes
- Predoctoral
- Doctoral
- Postdoctoral
- Professorships and Senior Investigators

Industry and commercial trials

Our research infrastructure

Find an expert or specialist

Research Support Service

Support for delivering research

Research Delivery Network

6) Help, advice and support – phone a friend

Advice sessions for ICS colleagues - If you have specific research, innovation or evaluation ideas or projects you would like to discuss or get help with, you can join one of our advice sessions.

To enquire about dates or to book an appointment, please email the Research and Innovation team.

hweicbhv.researchandinnovation@nhs.net



6) In summary

- 1) Understanding the Role of Research in Primary
- 2) Exploring the HWE ICS Research Strategy
- 3) Navigating Research Funding, Support and Governance
- 4) Advice sessions for ICS colleagues
hweicbhv.researchandinnovation@nhs.net

*Thank
you!*

Thank you

Any questions?

Reference documents

- A. H&WE ICS Population Health Management example
- B. [H&WE ICS Research Strategy](#)
- C. [Evaluation Guide](#)
- D. Workforce development – researcher training

A. H&WE ICS Population Health Management example



B. H&WE ICS Research Strategy

Summary

This is the first research and innovation strategy for Hertfordshire and West Essex (HWE) ICS. It has been developed through a series of collaborative events. We anticipate the initial strategy will be subject to ongoing review to make sure it is responsive to the needs of our residents and workforce. In this context we view research as the process to generate new knowledge which can be translated into better outcomes for all residents.

Guiding principles

1. Embed the benefits of research, innovation and evaluation to better meet the needs of the health and social care system and enable the delivery of the HWE ICS five year forward plan.
2. Ensure that research, evidence, innovation and evaluation underpins the way we enhance, transform or devise services using a well governed approach to manage risk, ensure patient safety and public confidence.
3. Ensure that the voice of all our residents inform all we do, promoting inclusion, and represent good value for our taxpayers.
4. Make the HWE ICS a national exemplar for the use of research, innovation and evaluation to meet the needs of our residents and workforce and deliver the integrated care strategy to improve population health outcomes.

We aim to:

- involve residents, patients and those with seldom heard voices in determining our priorities, playing an active part in research design, delivery and dissemination. This will make our research inclusive and representative of those we serve
- increase the quality, quantity, breadth and relevance of research and innovation undertaken locally
- co-ordinate and develop researcher and research activities and our multi-disciplinary workforce across all settings
- improve the quality of health, care and outcomes for all through the evidence generated by research and a culture that supports innovation
- identify local research priorities and needs, work collaboratively to address these
- extend and expand our collective research portfolio in settings such as primary care, community care, mental health and learning disability, services, public health, social care and where appropriate other settings
- drive the use of research evidence, adoption of innovation and use of evaluation for quality improvement and evidence-based practice. Identify and address gaps in the evidence base that are applicable to our population health needs
- influence the national research agenda to better meet local priorities and needs
- improve co-ordination and standardisation within and between system partners for the set up and delivery of research. This will involve standardisation of approaches to manage risk, ensure quality (clinical and research governance) and gain the benefits of system-wide working
- harness the patient and economic benefits of commercial contract research.

H&WE ICS Research Strategy - Initial 2 year plan

- 1) Embed HWE ICB Governance with terms of reference to enable discharge of legal duties, escalation and risk management.
- 2) Create the HWE ICS Research and Innovation hub to co-ordinate and deliver activities.
- 3) Develop and implement a cohesive research strategy to deliver research at the highest possible level in response to identified ICS priorities.
- 4) Enhance our collective research portfolio to support strategic objectives, sustainability (both financial and environmental) and a quality service to meet the research needs of key collaborators and stakeholders, especially public health.
- 5) Actively support and develop our existing research workforce, develop research capabilities where none currently exist and further expand research into non-NHS settings.
- 6) Achieve financial sustainability by accessing national funding streams and external opportunities.
- 7) Ensure effective communication to our partners and all residents making research and innovation accessible and relevant, with the aim of achieving engagement with underserved communities and those with seldom heard voices.
- 8) Promote innovation, initially using a readiness assessment of our organisations, to improve patient experience and help improve outcomes.
- 9) Act on best practice recommendations to address specific inclusion barriers to participating in research. This will build on our research engagement network development.
- 10) Develop success indicators to measure progress, deliver transparent governance, and demonstrate contribution our five-year forward plan.

C. Evaluation Guide

Evaluation

Evaluation offers a way to determine whether an initiative has been worthwhile in terms of delivering what was intended and expected.

It is particularly helpful to inform future developments. Therefore, a quick guide has been put together for staff to help them plan for evaluation at the beginning of any project and the support that is available to them.

1. Identify and Involve Stakeholders

- [Identify](#) stakeholders (e.g., patients, staff, funders).
- [Engage stakeholders](#) throughout the project to help shape your plan and achieve buy-in.
- **Useful Resource:** [The NHS Improvement stakeholder analysis tool](#)

2. Understand the Evidence Base

- Gather evidence from various sources (e.g., best practice, public health data, [NICE guidance and recommendations](#), [Cochrane reviews](#), [research papers](#), local learning (i.e., evaluations, quality improvement, audits), stakeholder feedback, policy briefings.
- Review the evidence with stakeholders.
- **Useful Resource:** [NHS Evidence Toolkit](#)

3. Define Your Service or Innovation

- Outline the problem it is trying to solve, how your project will work and who will benefit.
- Ensure your project is aligned with the [HWE ICB Medium Term Plan](#).
- Define the measurable change or outcome/s you are trying to achieve [intended outcomes].
- Develop a [theory of change](#) to show how the project activities will lead to your intended outcomes.
- **Useful resource:** [Theory of Change resources](#).

4. Assess Your Plan

- Check your plan is a [service or innovation evaluation](#), not research (different ethical and governance requirements).
- **Tool:** use the [Health Research Authority decision tool](#) for guidance.

5. Plan Your Evaluation

- State your aim and key objectives. Think about the [intended uses](#) and [users](#) of the evaluation.
- Choose an [evaluation approach](#).
- Work with BI/PHM to understand what data needs to be collected to [measure success](#), impact and learning.
- **We recommend** using a planning [template](#).

D. Workforce development and researcher training



Welcome to the Hertfordshire and West Essex ICS Research Training Guide!

V1 dated 20th March 2025

This guide is structured to help you find the training you need, whether you are just starting out in research or looking to enhance your skills.

We've organised the content into the following sections to help you quickly locate the resources that best match your needs:

- Section 1: Enhance your research awareness.
- Section 2: Advance your research career with targeted resources.
- Section 3: Access resources for research management and governance.
- Section 4: Explore specialised training opportunities.
- Section 5: Find support for colleagues involved in research delivery.
- Section 6: Get guidance on applying for research funding.
- Section 7: Discover studies you can participate in.

1. New to Research

NIHR GCP Training	Essential for anyone involved in clinical research. Covers ethical and regulatory compliance.
Introductory courses	Basic training on reading and writing research papers, using research evidence, and understanding research roles.
HRA Learning Resources	Offers a range of eLearning modules and face-to-face training for the research community. Examples include: <ul style="list-style-type: none"> • Research Ethics: Understanding the ethical considerations in research. • Informed Consent: Best practices for obtaining and documenting informed consent. • Data Protection and Confidentiality: Ensuring compliance with data protection laws and maintaining confidentiality. • Clinical Trials: Overview of clinical trial processes and regulatory requirements.
NHS R&D Forum Training Programme	Training in health and social care research governance and management. Register through the NHS R&D Forum website. Membership may be required.

2. Research Career Development

NIHR Research Career Funding Programmes	Supports researchers at various career stages, from predoctoral to professorships. Explore and apply through the NIHR website.
Associate Principal Investigator (PI) Scheme	Six-month in-work training with mentorship from a Local Principal Investigator (PI). Apply via the NIHR Learn website.
Principal Investigator Pipeline Programme (PIPP)	For research delivery nurses and midwives to develop research leadership skills.
Clinician Researcher Credentials Framework	Master's level qualifications to develop skills, networks, and confidence to lead clinical research.
Senior Research Leader Programme	For experienced research delivery nurses and midwives aiming to become Chief Investigators (CIs).

3. Specialised Training

Basic Statistics and Data Interpretation	A face-to-face course for health and social care professionals to interpret commonly reported statistics. Register through the NIHR ARC West website.
Introduction to quantitative research methods and statistics	Training on different research methodologies via NIHR learn. Please note this course is only available to Health Research Authority Research Ethics Members (REC) and Confidentiality Advisory Group Members (CAG).
Economic Evaluations in Healthcare	A big outlining key considerations for planning an economic evaluation in healthcare.
NIHR ARC North West Coast training database	A large bank of training resources including ethics and safeguarding, computer software, evidence synthesis and evaluation. Mostly free to access, any restrictions are detailed on the database.

4. Research Management, Governance, and Sponsorship

Essentials of NHS Research	Covers the fundamentals of research management and governance.
Essentials of Research Sponsorship	Develop skills and knowledge in research sponsorship. There might be a charge associated with some courses.

5. Support Staff Resources

Fundamentals of Clinical Research Delivery for Laboratory Staff	Tailored for lab staff, including GCP training. Complete the GCP course and additional training on NIHR Learn.
Future NHS Collaboration Platform	Secure space for professionals to connect, share knowledge, and learn. Join or create workspaces, access webinars, online courses, and case studies.
Hertfordshire and West Essex ICB Primary Care Research Forum	Supports individuals, practices, and Advanced Practitioners with their research activities. Provides quarterly meetings via Teams for collaboration, learning, and support.
Hertfordshire Health Evidence Service (HHES)	Provides access to a wide range of health and social care evidence, including databases, journals, and books. Offers training on literature searching and critical appraisal.
Research and Innovation Hub Advice Sessions	Offers advice on how to get started with research, innovation, and evaluation. These one-hour meetings also provide the chance to discuss specific projects or ideas.
Research Toolkit for Matrons and Health and Care Leaders	Practical information to support research leadership and innovation within nursing teams.

6. Support with Research Grant Applications

NIHR Research Support Service (RSS)	Support for writing successful research grant applications.
---	---

7. Opportunities to Take Part in Research

Be Part of Research	A free tool to find health and social care studies that you can take part in. You can search by health conditions and location and will be matched to suitable research opportunities.
-------------------------------------	--