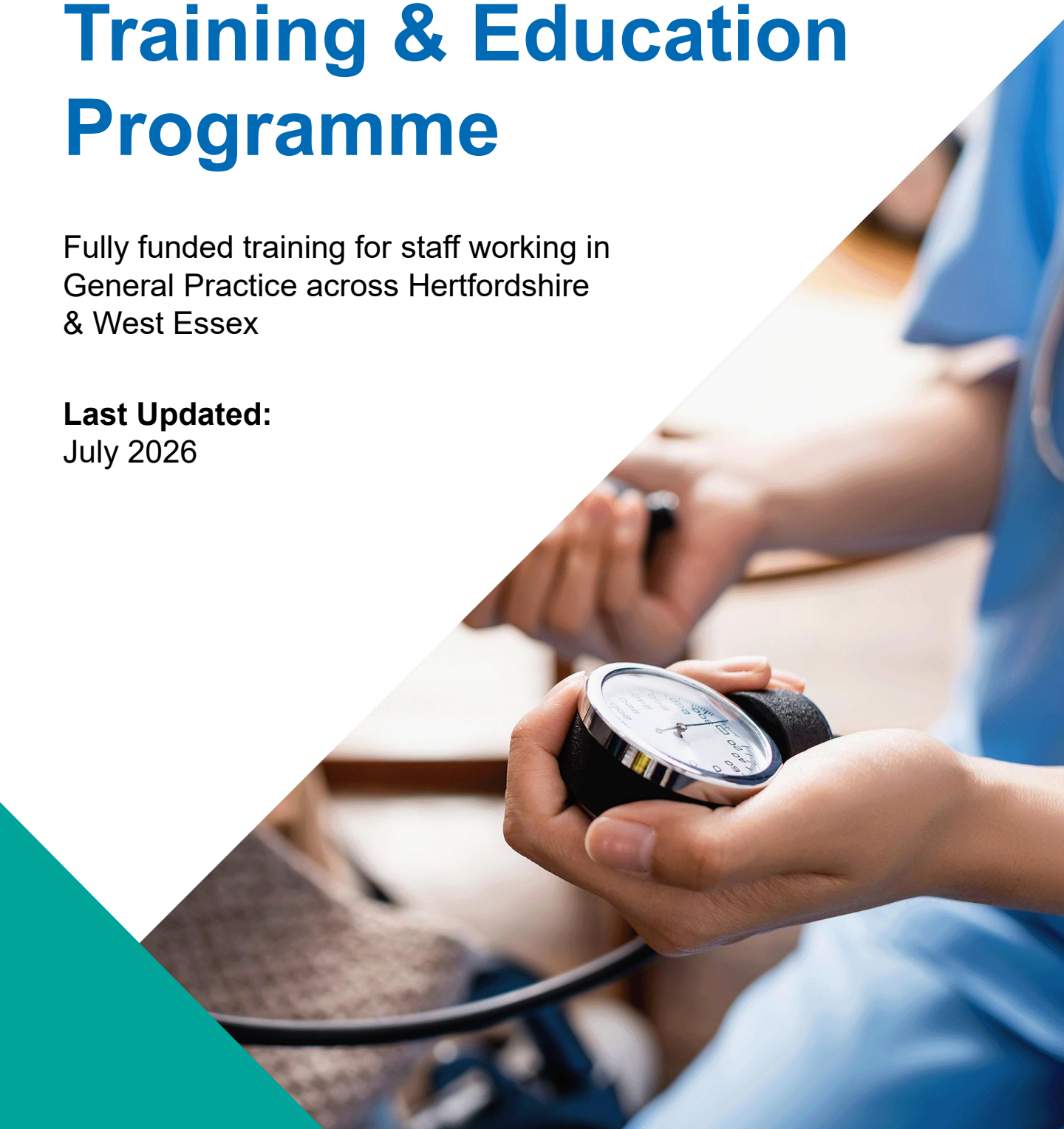
HERTFORDSHIRE AND WEST ESSEX
TRAINING HUB
Supporting and developing our Primary Care workforce

NHS
Central East
Integrated Care Board

Multi-Professional Training & Education Programme

Fully funded training for staff working in General Practice across Hertfordshire & West Essex

Last Updated:
July 2026



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Welcome

About the programme

The primary care training programme has been carefully selected based on both clinical and non-clinical input and the training needs of the primary care workforce across Hertfordshire & West Essex. Providers have been chosen based on feedback from those who have undertaken training, trusted registered training organisations and those that genuinely understand the Primary Care training needs.

Throughout the prospectus you will find a collection of our most requested courses, including an array of live funding opportunities that have been commissioned. Please check back regularly using the prospectus live link or our website.

Accessing and requesting training

The prospectus is organised by professional group to support ease of navigation to relevant opportunities. Unless stated, most training opportunities are open to all colleagues working in primary care.

You may submit a funding request for any course you feel is relevant to your role, even if not included in this document, by completing a **funding request form**.

Please note:

- You must not book training directly with a provider before receiving confirmation of funding approval. Courses booked with approval will not be covered.
- Due to the complexity of funding for training and development, practices may be asked to cover part of the total fee dependent on cost or volume of other training accessed in the financial year.

Applying for Funding

Staff are encouraged to identify Continuing Professional Development (CPD) opportunities as part of their appraisal discussions and ongoing conversations with their line managers.

Before applying, you must ensure the following:

- You can fully commit to the training being requested
- You have the support of your line manager to attend the training
- The training is relevant to your role and aligns with key Central East ICB, National and local priorities

To apply, please complete the online **funding request form**. All applications will be reviewed by the HWE Training Hub team and the relevant Clinical Lead. We aim to review applications within seven working days. You will receive an email confirming whether your request has been approved and declined.

If approved, you will be provided with instructions on how to invoice for the training. It is your responsibility to liaise with the training provider and enrol on the course, unless you are applying for pre-commissioned training.

Important information

- If you do not attend training, you will be **required to repay the cost** to the HWE Training Hub.
- Once training is complete, you must obtain **confirmation or a certificate of attendance** from the provider and email hweicbenh.hwetraininghub1@nhs.net
- **Feedback is mandatory for all funded training**. A short evaluation survey may be sent to you following the course. Failure to complete the survey will make you ineligible for future CPD funding via the Training Hub.
- Funding will **not be provided for any training booked without approval**.
- **Funding limits apply**. Your request may be declined if the total cost of the course is above our internal limits and/or you have accessed a large volume of training during the current financial year.

About HWE Training Hub

What is the Training Hub?

The HWE Training Hub is commissioned by NHS England (NHSE) and has the aim to “ensure the primary care workforce of today and tomorrow are trained in the right numbers, have the necessary skills, NHS values and behaviours at the right time and in the right place”.

Training hubs are designed to meet the educational needs of the multi-disciplinary primary care team, and bring together NHS organisations, community providers and local authorities.

There are **three Training Hubs** in the new Central East ICB geography**,** with the HWE Training Hub having the responsibility for Hertfordshire, but also West Essex until a new contract is secured.

What do we do?

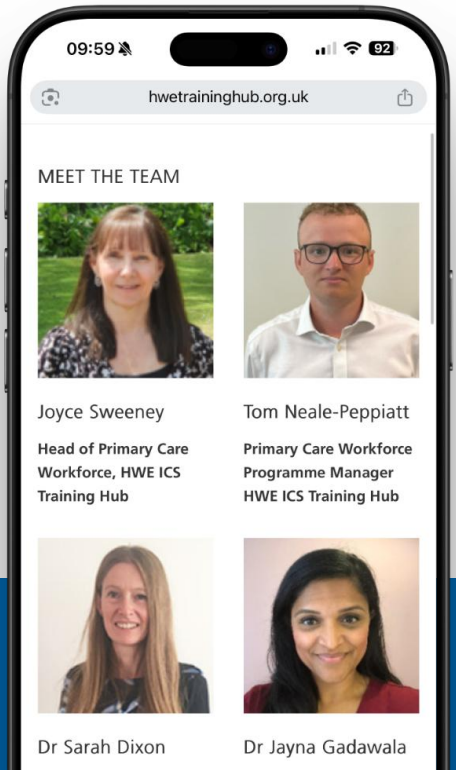
We work with a range of stakeholders to commission training, provide workforce support and ensure the primary care workforce has the right skills to provide the services required.

By having such a close working relationship with our local stakeholders, we can identify where the training needs are and develop projects and schemes to support these needs.

Meet the team

Our team is made up of a range of clinical and non-clinical colleagues with years of experience working across primary care. Together we design, implement and assess the impact of our training and development workstreams.

If you would like to know more about our team, please visit our **Meet the Team** page on the HWE Training Hub website.



Latest Commissions

The courses listed in this section have been newly commissioned by the Training Hub in response to the evolving needs of the Primary Care workforce.

These programmes are available now and open for applications.

Unlike our wider prospectus offer, the Training Hub has already allocated funding to a set number of places on each programme.

Please ensure you have obtained authorisation from your line manager before applying and complete the Funding Request Form in full.

Latest Commissions

Explore our recently commissioned courses in specialist areas, responding to demand from our workforce. Funding is limited for all courses.

Independent Prescribing

Provider: University of Hertfordshire

Starts: Sep-26, Nov-26 & Jan-27

Funding is available for the full Practice Certificate in Independent Prescribing for Nurses, AHPs and Pharmacists.

Apply Now →

Nursing Fundamentals for General Practice

Provider: University of Hertfordshire

Starts: Oct-26, Jan-27 & May-27

Funding is available for Nurses to undertake the Foundation Knowledge & Skills for General Practice Course. Open to new to GP nurses.

Apply Now →

Minor Illness: Assessment and Managements

Provider: Anglia Ruskin University

Starts: Sep-26

Funding is available for the level 7 minor illness course for nurses, AHPs, pharmacists and doctors.

Apply Now →

SPQ General Practice Nursing

Provider: University of Hertfordshire

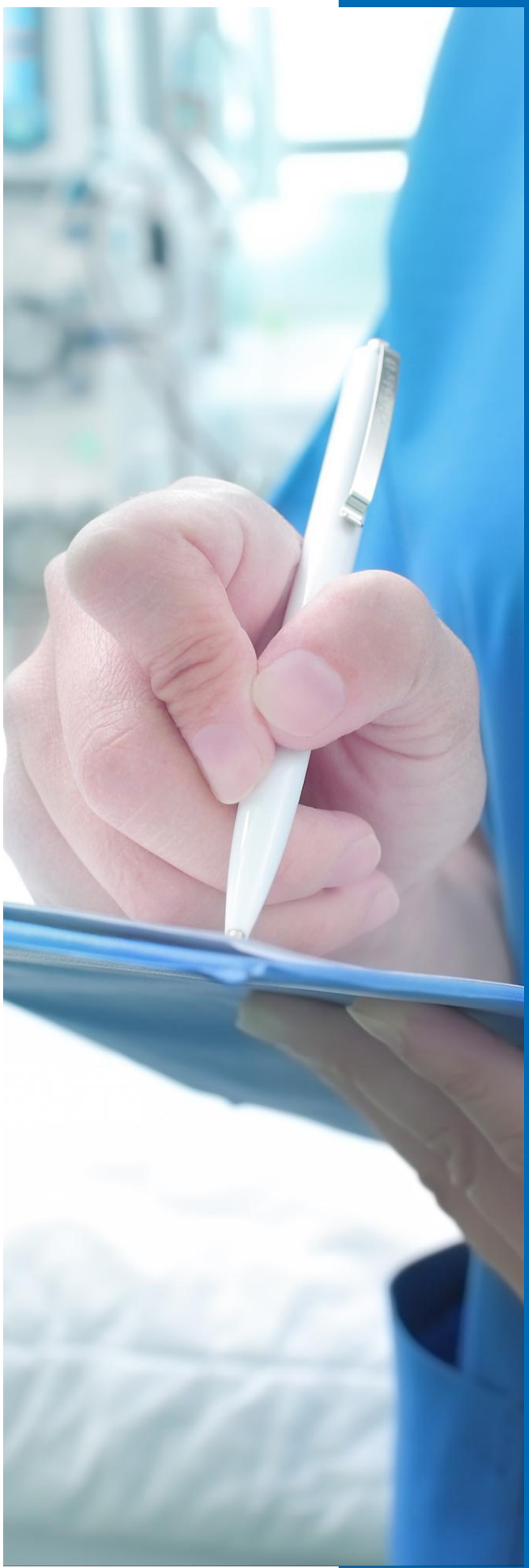
Starts: Sep-26, Jan-27

Funding is available for the full SPQ General Practice Nursing. Open to GP nurses.

Apply Now →

APPLY FOR FUNDING

One form. Every course.



Clinical Courses

These courses are open to all clinical and medical colleagues, unless otherwise stated.

Clinical professionals are at the heart of patient care in the NHS, and continued development is key to delivering high-quality services across Primary Care.

Please ensure you have authorisation from your line manager before applying and complete the Funding Request Form in full.

A copy of the form is available **here** and on each course page.

Clinical Courses

Asthma

Course Title	Provider
Asthma Update	Essex Equip
Introduction to Asthma	Essex Equip
Essentials Skills in Asthma & COPD	Essex Equip
The Diagnosis and Management of Asthma	M&K Update
Asthma Online Refresher	Education for Health
Asthma Foundation Course	Rotherham Respiratory
Asthma Update Course	Rotherham Respiratory
Introduction to Asthma	BBO Training
Asthma Update	BBO Training

Bloods

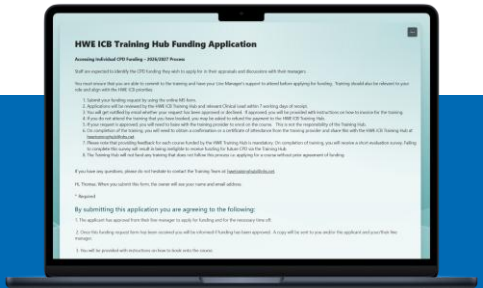
Course Title	Provider
Blood Tests and Their Meaning	Essex Equip
Blood Results in Clinical Practice	M&K Update
Interpreting Blood Results	Essex Equip
Interpreting Blood Results	BBO Training
Phlebotomy	M&K Update
Understanding Blood Results	M&K Update
Understanding Blood Results for Physiotherapists	M&K Update
Venepuncture	Essex Equip

Cardiovascular

Course Title	Provider
ECG Recording for HCAs	Essex Equip
Understanding Cardiology for Nurses and AHPs	M&K Update
Introduction to Cardiovascular Disease	BBO Training
Coronary Heart Disease for Primary Care	Rotherham Respiratory
Hypertension Course	Rotherham Respiratory
Heart Failure Foundation Course	Rotherham Respiratory

APPLY FOR FUNDING

One form. Every course.



Clinical Courses

Contraception

Course Title	Provider
Introduction to Contraception and Reproductive Sexual Health	Essex Equip
Contraception Update	Essex Equip
Introduction to Contraception and STI Screening for HCAs	Essex Equip
Contraception Course for Practice Nurses	M&K Update
Introduction to Contraception for Healthcare Professionals	BBO Training
Intrauterine Counselling and Removal	BBO Training
IUD/IUS Removal and Patient Counselling	Essex Equip

COPD

Course Title	Provider
COPD Update	Essex Equip
Introduction to COPD	Essex Equip
The Diagnosis and Management of COPD	M&K Update
COPD Online Refresher	Education for Health
COPD Foundation Course	Rotherham Respiratory
COPD Update Course	Rotherham Respiratory
Introduction to COPD	BBO Training
COPD Update	BBO Training

Cytology

Course Title	Provider
Introduction to Cervical Cytology	Essex Equip
Cervical Cytology Update	Essex Equip
Cervical Cytology Update	BBO Training
Cervical Screening for Novice Sample Takers	University of Hertfordshire

Dementia

Course Title	Provider
Dementia Awareness Training	Garden House Hospice

APPLY FOR FUNDING

One form. Every course.

Clinical Courses

Dermatology

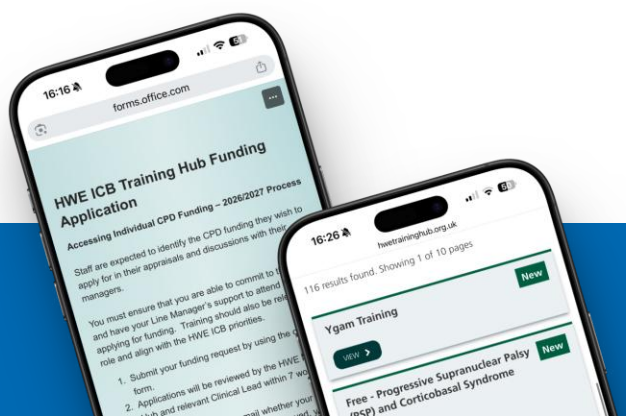
Course Title	Provider
Dermatology for HCAs	M&K Update
Dermatology for Nurses and AHPs	M&K Update
Dermatology Update	BBO Training
Dermoscopy for Absolute Beginners	Primary Care Dermatological Society
Dermoscopy for Intermediates	Primary Care Dermatological Society
Fundamentals of Dermatology	BBO Training

Diabetes

Course Title	Provider
Diabetes Essentials for HCAs	M&K Update
Diabetes Course for Nurses and AHPs	M&K Update
Introduction to Diabetes	BBO Training
Diabetes Update Day	BBO Training
PITstop Courses - Various	PITStop for Diabetes
Foundation Course in Dibetes Care and Management	Rotherham Respiratory
Diabetes Update Course	Rotherham Respiratory
Diabetes Advancing Care	Rotherham Respiratory
Cambridge Diabetes Education Programme	CDEP

Ear Care

Course Title	Provider
Ear Care Workshop for HCAs	M&K Update
Ear Care Workshop for Nurses and AHPs	M&K Update
Introduction to Ear Irrigation (Syringing)	Primary Care CPD Training
Ear Irrigation (Syringing) Update Webinar	Primary Care CPD Training
Introduction to Ear Examination Webinar	Primary Care CPD Training



APPLY FOR FUNDING

One form. Every course.

Clinical Courses

Frailty

Course Title	Provider
Comprehensive Assessment of the Older Person	M&K Update
Frailty - Assessment, Risk Reduction and Management	M&K Update
Prescribing Safely in Geriatrics and Frailty Patients	M&K Update

Immunisation

Course Title	Provider
Injection Technique and Immunisation Training for HCAs	M&K Update
Immunisation Training for Nurses and AHPs	M&K Update
Immunisation Update for HCAs	M&K Update
Immunisation Update for Nurses and AHPs	M&K Update
Immunisation Update	M&K Update
Immunisation Update	BBO Training
Immunisation Foundation for Registered Professionals	BBO Training
Childhood Immunisation	M&K Update
Introduction to Immunisation & Injection Techniques for HCAs	Essex Equip
Introduction to Immunisation & Injection Techniques for HCAs	BBO Training
Flu Immunisation Update	Essex Equip
HCSW/ HCA Immunisation Update Webinar	Oxford Vaccine Group
HCSW/ HCA Immunisation Update Webinar	PCCPD
HCP Adult & Flu Vaccine Update Webinar	PCCPD

Infection

Course Title	Provider
Infection Prevention and Control in General Practice	M&K Update
Half Day Infection Prevention Training	Infection Prevention Solutions
2-day link Practitioner Course General Practice	Infection Prevention Solutions

APPLY FOR FUNDING

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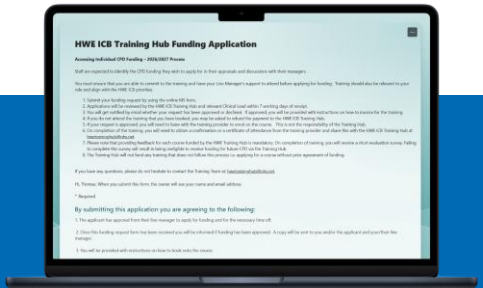


Clinical Courses

Kidney

Course Title	Provider
Chronic Kidney Disease	Rotherham Respiratory
Chronic Kidney Disease	Essex Equip

Menopause & Women's Health

Course Title	Provider
Introduction to Menopause	Essex Equip
Introduction to Menopause	BBO Training
Menopause Update	Essex Equip
Diagnoses and Management of Menopause	M&K Update
Heavy Menstrual Bleeding	Essex Equip
Vaginal Prolapse and Fitting Ring Pessaries	M&K Update
Gynaecology for Nurses and AHPs	Essex Equip
Ring Pessary Training	Essex Equip
Gynaecology Assessment & Examination	M&K Update

Men's Health

Course Title	Provider
Men's Health Update	BBO Training

Mental Health

Course Title	Provider
Understanding Mental Health in Primary Care	M&K Update

Minor Illness

Course Title	Provider
Minor Illness Update	National Minor Illness Centre
Minor Illness and Urgent Care Conference	Urgent Care Education
Minor Injury Essentials	Practitioner Development UK
Minor Illness Assessment and Management in Nursing	Anglia Ruskin University

APPLY FOR FUNDING

One form. Every course.

Clinical Courses

Obesity

Course Title	Provider
Obesity Medicine: Weight Management	Red Whale
Management of Obesity training	National Weight Loss Programme

Palliative Care

Course Title	Provider
Palliative Care Development Programme	Rennie Grove Peace Hospice

Prescribing

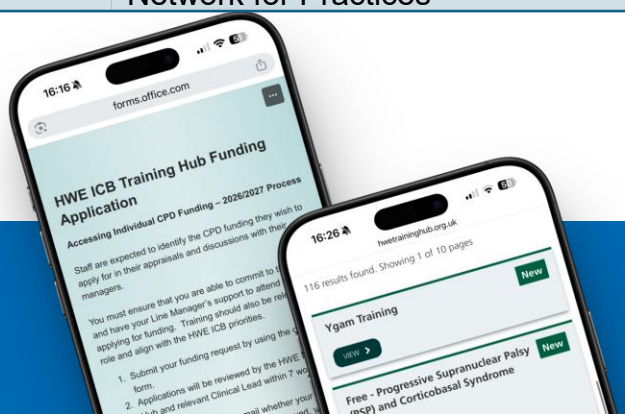
Course Title	Provider
Independent Prescribing	University of Hertfordshire
Non-medical prescribing update	M&K Update
Non-medical prescribing update	BBO Training
Prescribing Update	Essex Equip

Spirometry

Course Title	Provider
Spirometry Package with ARTP	Education for Health
ARTP Inaugural Spirometry Conference	ARTP
Simply Spirometry: Performing Course	Rotherham Respiratory

Travel Health

Course Title	Provider
Introduction to Travel Health	BBO Training
Travel Health Update	M&K Update
Travel Health Update	Essex Equip
Travel Health Update	Jane Chiodini
Travel Health Update	Network for Practices



APPLY FOR FUNDING

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Clinical Courses

Venepuncture

Course Title	Provider
Venepuncture	Essex Equip
Venepuncture & Cannulation	M&K Update
Introduction to Phlebotomy	Geopace Training

Wound Care

Course Title	Provider
Wound Care for HCAs	M&K Update
Wound Care & Removal of Sutures/Staples	Essex Equip

Training for HCAs & HCSWs

Course Title	Provider
Dermatology for HCAs	M&K Update
Diabetes Essentials for HCAs	M&K Update
An Introduction to Contraception and Asymptomatic STI Screening for HCAs	Essex Equip
Long Term Conditions for HCAs	Essex Equip
Injection Technique and Immunisation Training for HCAs	M&K Update
Ear Care Workshop for HCAs	M&K Update
Immunisation Update for HCAs	M&K Update
Introduction to Immunisation & Injection Techniques for HCAs	Essex Equip
HCSW Introduction to Immunisation and B12 Injections	PCCPD
HCSW/HCA Immunisation Update Webinar	PCCPD
Introduction to Immunisation & Injection Techniques for HCAs	PCCPD
HCSW/ HCA Immunisation Update Webinar	Oxford Vaccine Group
HCSW/ HCA Immunisation Update Webinar	PCCPD
ECG Training for HCAs	M&K Update
Clinical Skills - The Healthcare Assistant in General Practice Course	Essex Equip

APPLY FOR FUNDING

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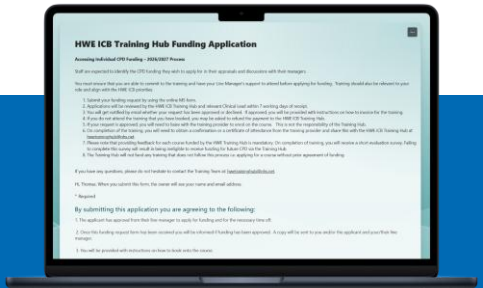


Leadership & Management

These courses are open to all leaders in Primary Care - including GP Partners, PCN Managers, Clinical Directors, Practice Managers, Nurse Leads and Admin Team Leads.

Strong leadership is essential to the success and sustainability of Primary Care services. Please ensure you have authorisation from your line manager before applying and complete the Funding Request Form in full.

A copy of the form is available here and on each course page.

Leadership & Management

Course Title	Provider
3 Step Leadership & Management	M&K Update
Leadership & Change Management	PMA
Motivating Teams	PMA
Appraisals	Practice index
HR Skills for Line Managers	General Practice Training
HR and Employment Law	PMA
HR and Employment Law Update	Practice Index
CQC Essentials for Managers	Practice Index
Implementing Clinical Supervision	M&K Update
Clinical Supervision - Training for Supervisors	M&K Update

Primary Care Management Programme (Rolling)

Provider: Practice Managers Association (PMA)

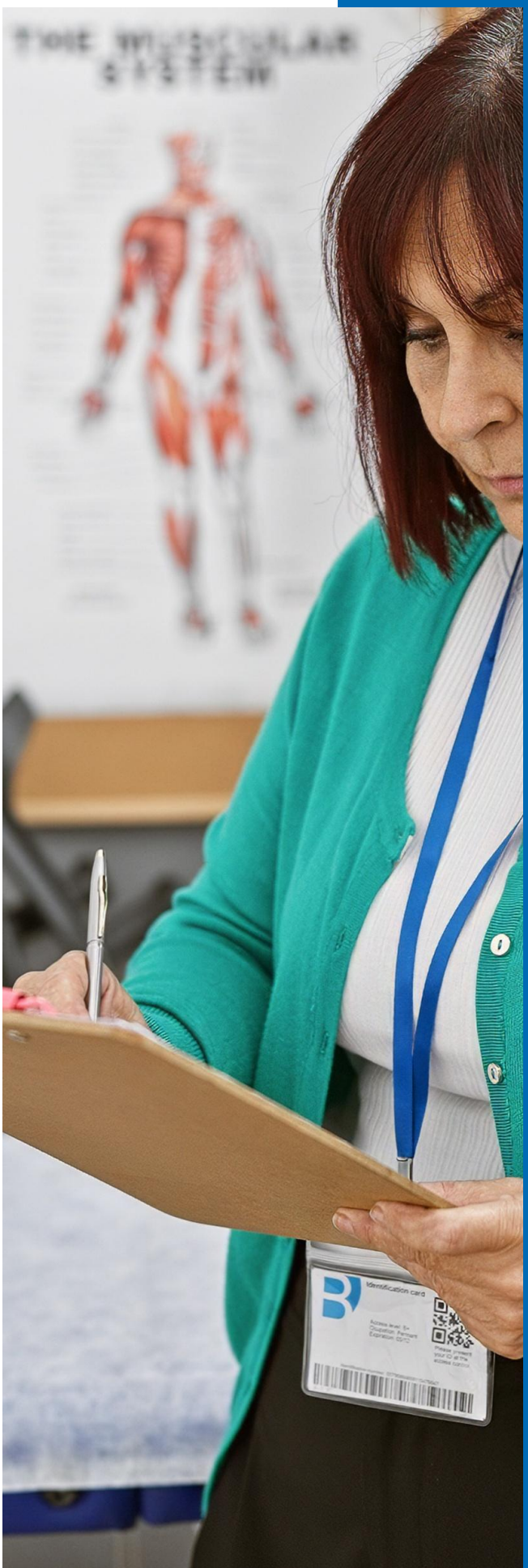
Starts: Start Any Time!

Funding is available to undertake the PMA Management Programme, which aims to help aspiring and new PMs cover all areas they need to be successful in a busy practice setting.

Apply Now →

APPLY FOR FUNDING

One form. Every course.



Other Courses

These courses are open to all non-clinical, administration and clinical colleagues, unless otherwise stated.

Courses included range from telephone triage, financial management, CQC and QOF.

Please ensure you have authorisation from your line manager before applying and complete the Funding Request Form in full.

A copy of the form is available **here** and on each course page.

Other Courses

Caldicott

Course Title	Provider
Caldicott Guardian Online	Essex Equip
Caldicott Guardian	BLS Stay Compliant

Care Coordination

Course Title	Provider
2 Day Care Coordinator Course	Health Coach Academy
2 Day Comprehensive Care Coordinator Training	Personalised Care Training Academy
Care Coordinator Advanced Skills	ARC Training Academy

Care Navigation

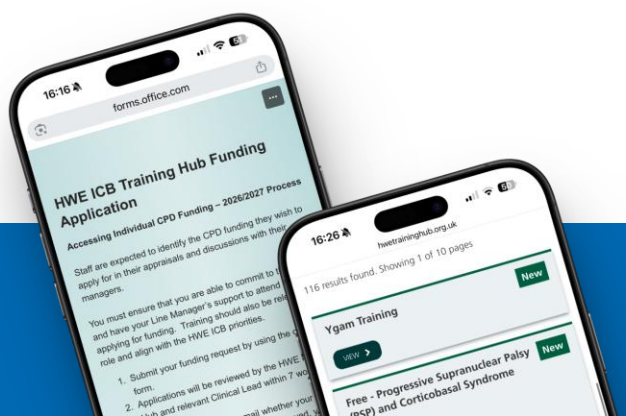
Course Title	Provider
Care Navigation - Live online Course	Practice index
Care Navigation	Essex Equip

Chaperoning

Course Title	Provider
Effective Medical Chaperoning	Clarimed
Chaperones in general practice	Practice Index

Communication

Course Title	Provider
Advanced Communication Skills	Hospice of St Francis
Conflict Resolution	Practice index
Compassionate Communication Skills (Foundation)	Hospice of St Francis



APPLY FOR FUNDING

One form. Every course.

Other Courses

CQC

Course Title	Provider
CQC Essentials for Administrative Staff	Practice Index
CQC Essentials for Managers	Practice Index

Customer Service

Course Title	Provider
Customer Care	Practice index

Finance

Course Title	Provider
Practice Finance Beyond the Basics	Essex Equip
Practice Finance - An Introduction	Essex Equip
Managing Practice Finance	PMA
Introduction to Practice Finance	Practice index

GDPR

Course Title	Provider
GDPR	Practice index
UK GDPR and Data Protection Training - Online	M&K Update

Health & Wellbeing

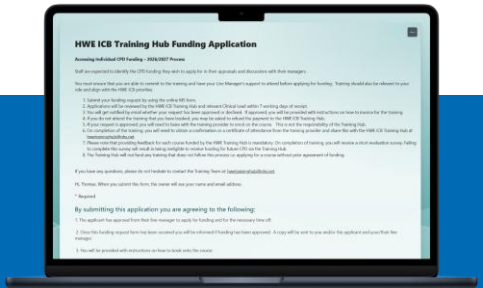
Course Title	Provider
Health and Well Being Coaches 4 day and 2 day courses	Know Your Own Health

Medical Terminology

Course Title	Provider
Medical Terminology Foundation	Essex Equip
Medical Terminology Foundation	Clarimed

APPLY FOR FUNDING

One form. Every course.



Other Courses

QOF

Course Title	Provider
QOF refresher	Insight Solutions

Subject Access / Data

Course Title	Provider
Subject Access Request (SAR) and Redaction Training - Online	Essex Equip
SAR Survival Guide: exemptions and redaction	2040 Training
Senior Information Risk Officer (SIRO) Training	Essex Equip

Summarising

Course Title	Provider
Notes Summarising	Essex Equip
Notes Summarising	Striding Edge Consultancy
Summarising Medical Records and QQF	Medical Services Training

Telephone Triage

Course Title	Provider
Telephone Signposting and Triage for Receptionists and HCAs	M&K Update
Remote Consultation and Triage for Nurses and AHPs	M&K Update
Telephone Triage for Receptionists	Practice Index

APPLY FOR FUNDING

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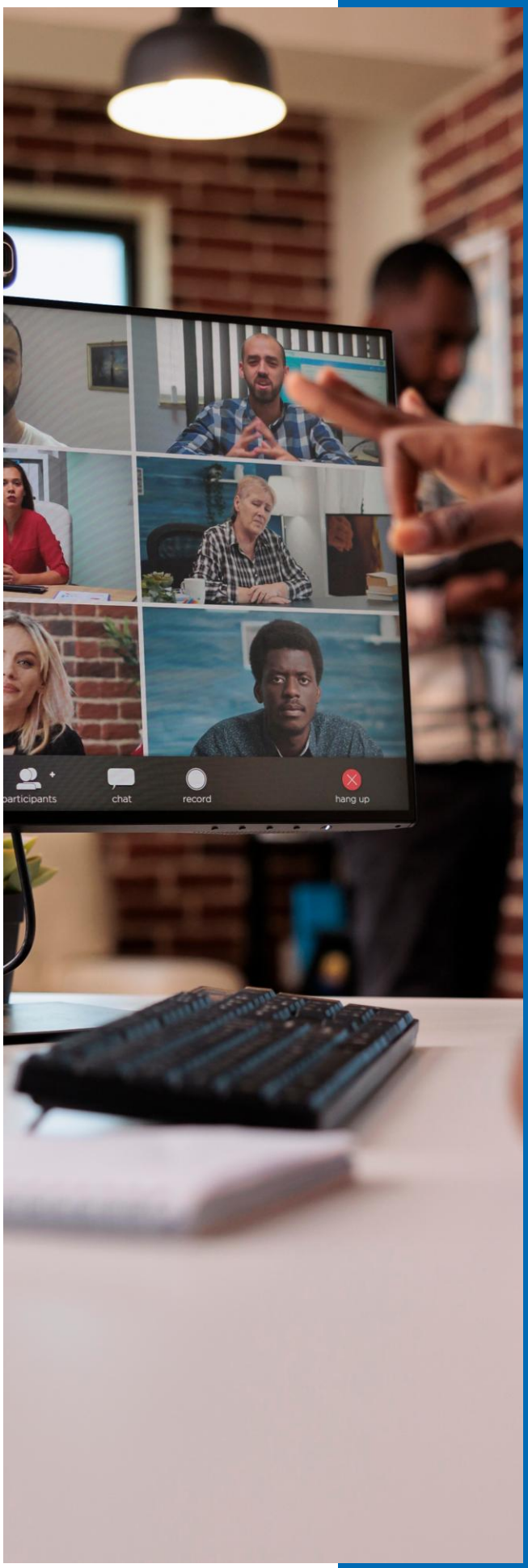

Webinars & Forums

Open to all colleagues, covering several highly requested topics.

Webinars & Forums

Protected Time to Learn (PTL)

Date	Time
17th September 2026	13:30 to 17:30
13th October 2026	
19th November 2026	
17th March 2027	

Additional Roles Reimbursement Scheme (ARRS) Forum

Date	Time	Link
10th September 2026	12:00 to 13:00	Join the meeting
5th November 2026	13:00 to 14:00	Join the meeting
4th January 2027	13:00 to 14:00	Join the meeting

Future Leaders Forum

Date	Time	Link
10th September 2026	13:00 to 14:00	Join the meeting
12th November 2026	12:00 to 13:00	Join the meeting
11th January 2027	13:00 to 14:00	Join the meeting

Advanced Practice Forum

Date	Time	Link
17th September 2026	13:00 to 14:00	Join the meeting
19th November 2026	13:00 to 14:00	Join the meeting
25th January 2027	12:00 to 13:00	Join the meeting

Wise 5 GP Forum

Date	Time	Link
24th September 2026	13:00 to 14:00	Join the meeting
19th November 2026	12:00 to 13:00	Join the meeting
25th January 2027	13:00 to 14:00	Join the meeting

Webinars & Forums

Educator Forum

Date	Time	Link
1st October 2026	12:00 to 13:00	Join the meeting
3rd December 2026	12:00 to 13:00	Join the meeting
4th February 2027	12:00 to 13:00	Join the meeting

Leg Ulcer & Wound Care Training

For Leg Ulcer and Wound Care training specific to the area you work in, please click on the links below

East and North Herts

Registered Healthcare Professional Pathway & Training Dates
HCA Training Pathway and Training Dates

South West Herts

South West Herts Leg Ulcer and Wound Care Training Dates

West Essex

West Essex Leg Ulcer and Lower Limb Training Dates